

VOLUME 8
JAN-JUN

2025

INSPIRE

Voices of
Change

NOT ME, BUT YOU

ORDINARY PEOPLE,
EXTRAORDINARY IMPACT.

We Rise by
Lifting Others

Young Hands,

Big Impact.

jims
Kalkaji, New Delhi

NSS CELL OF JIMS KALKAJI





Jagannath International Management School

MOR, Pocket-105, Kalkaji, New Delhi-110019

(Affiliated to Guru Gobind Singh Indraprastha University and Approved
under Section 2(f) of UGC Act 1956)

Accredited by National Assessment and Accreditation Council (NAAC)

NSS Magazine

January 2025 - June 2025



National Service Scheme

Ministry of Youth Affairs & Sports
Government of India



NATIONAL SERVICE SCHEME

The National Service Scheme (NSS) is an Indian government-sponsored public service program aimed at developing the personality and character of student youth through voluntary community service. It operates under the Ministry of Youth Affairs and Sports and was launched in Gandhiji's centenary year, 1969, in 37 universities with 40,000 students. The program's motto is "Not Me But You," reflecting the essence of democratic living and the need for selfless service.

GLIMPSES



GLIMPSES





Dr. Amit Gupta

CHAIRMAN

Our dedication lies in nurturing exceptional professionals and entrepreneurs who embody humanistic values, act as socially responsible stewards, and share practical knowledge that uplifts society.



Dr. Anuj Verma

DIRECTOR

We place special emphasis on the holistic development of our students. Our focus lies not only in imparting knowledge, attitudes and skills of management relevant to business but also in developing the overall personality of our students.



Dr. Prashant Kumar

HEAD OF DEPARTMENT B.COM (H)

In the face of challenges and obstacles, stay resilient. Remember that you are part of a team united by a common purpose. Lean on each other for support, encouragement, and inspiration. Together, you can overcome any hurdle and make an even greater impact. Embrace this opportunity to learn, grow, and broaden your horizons. The experiences you gain as NSS students will shape your perspective, enhance your skills, and foster personal and professional development.



Dr. Ruchi Srivastava

HEAD OF DEPARTMENT

BBA

The JIMS Kalkaji runs the 2 Units of NSS in its Undergraduate Programs of BBA and B.com.(H) . The NSS was introduced with the objective of developing the personality and character of the student youth through voluntary community service. The motto of NSS is “NOT ME, BUT YOU”. The NSS volunteer always places the ‘community’ before ‘self’. The Community service is a life-changing experience and it instills values and empathy in the younger generation. When the students are engaged in community service from an early age then they develop in them the values like compassion, empathy, and social responsibility towards society. These values and experiences nurture well-rounded individuals who will become future leaders committed to creating a fairer and more equitable society.



Dr. Preeti Singh

PROGRAMME OFFICER

We at JIMS, focus on imparting knowledge, skills and problem solving abilities in our students to make them more confident and responsible citizens of nation. Club enthrall on moral development and learning of student endeavouring to serve selflessly to a community service. PRAYAAS-NSS Club comprises of a group of passionate students dedicated to work for society extending their services to needful strata of society. The volunteers were portrayed in many national movements which shows their love for humanity and dedication towards society. I'm really proud of our NSS Volunteers for their unwavering dedication and their success so far. I believe that they will always strive to serve the society selflessly with the same enthusiasm. Congratulation to the entire NSS Club team & contributors for the issue of 'INSPIRE' and enthusiastically look forward to glimpses of mirage of activities undertaken by the club.



Mr. Kartik Dayal

PROGRAMME OFFICER

PRAYAAS- The NSS Club of JIMS Kalkaji comprises of a group of students with compassion in their hearts dedicated to work for the society. The volunteers have worked for many national movements which portrays their love for humanity and dedication towards the society. The faculty at JIMS, focus on imparting knowledge, skills and problem solving attitude in our students to make them more responsible citizens of the country. I'm really happy with the dedication of our NSS Volunteers and their success so far. I believe that they will continue to serve the society selflessly. Congratulation to the entire NSS Club team & contributors for the third biannual issue of 'INSPIRE' and enthusiastically look forward to glimpses of mirage of activities undertaken by the club.

Pranav Pharlia

PRESIDENT



“The best way to find yourself is to lose yourself in the service of others.”

These words have defined my journey with NSS. From a curious volunteer to now leading Team Prayaas as President, every experience — whether it was a health camp, awareness rally, or donation drive — has shaped me deeply. I’ve seen how a small effort, when driven by purpose, can spark real change.

NSS taught me that service isn’t about grand gestures — it’s about showing up with empathy, again and again. Team Prayaas is proof of what’s possible when passionate minds come together for a cause bigger than themselves. Here’s to continuing our journey — one act of kindness at a time.

Naina Gupta

PRESIDENT



"The best way to find yourself is to lose yourself
in the service of others."

This quote beautifully sums up my journey with NSS — from being a volunteer to serving as the Head Girl, and now as the President of Team Prayaas. Organizing diverse initiatives during my tenure — from health camps and donation drives to awareness campaigns — has given me the opportunity to witness the power of collective action.

Each event deepened my sense of responsibility and strengthened my belief that service is not just an act, but a way of life. As President, I feel proud to lead a team driven by empathy and purpose. Team Prayaas is not just about volunteering — it's about creating meaningful change, step by step, heart by heart. To our mentors, volunteers, and supporters — thank you for being the force behind our mission. Together, let's continue to serve with passion and illuminate lives with purpose.

Aanya Khandelwal

VICE PRESIDENT



"Small acts, when multiplied by millions of people, can transform the world."

Joining Prayaas, the NSS Club of JIMS Kalkaji, has been one of the most enriching experiences of my college life. Over the past two years, I've witnessed how dedication, teamwork, and compassion can bring real change to the lives of others—and ourselves.

Now, as I step into the role of Vice President, I carry forward this legacy with great pride and responsibility. From organizing cleanliness drives and blood donation camps to leading awareness campaigns, every initiative reflects our mission to serve and empower.

Prayaas continues to be a symbol of hope, resilience, and collective effort. I look forward to this new chapter, driven by the belief that together, we can illuminate lives—one step at a time.

Aryan Gaur

TREASURER



Stepping into the role of Treasurer for the NSS unit at JIMS Kalkaji is a proud moment for me. NSS has always felt like more than just volunteering—it's about learning, growing, and making a real difference through small, meaningful actions.

I aim to bring responsibility, clarity, and sincerity to this role. It's not just about managing funds—it's about supporting every initiative with purpose and accountability.

Excited for this journey and everything it will teach me.

Khushi Tuli

HEAD GIRL



NSS has taught us the true meaning of selfless dedication. Whether it was organizing cleanliness drives, awareness campaigns, donation camps, or visiting underprivileged communities, each initiative brought us closer to the heart of real India. We didn't just serve — we understood, empathized, and evolved. What sets NSS apart is its ability to turn young students into responsible citizens. Leading this society meant not just coordinating events, but also motivating minds, managing challenges, and most importantly, leading by example.

Joining NSS has been one of the most transformative journeys of my life. It has not only taught me to serve but to lead with compassion, dedication, and responsibility. Through every camp, every activity, every visit to underprivileged areas, I have learned what it truly means to live by the motto — “Not Me, But You.”

I aim to organize more skill-based workshops, social awareness campaigns, and collaborative drives with other colleges and NGOs. I believe in involving our NSS unit in creative, meaningful, and sustainable projects — ones that create a real impact in the lives of people.



Hrithik Arora

HEAD BOY

Tanisha Taneja

SOCIAL MEDIA HEAD



Being part of NSS Prayaas has been a truly meaningful experience. I've had the opportunity to witness the dedication and impact this team creates, and it's inspired me deeply. As the Social Media Head, my aim is to enhance the digital identity of Prayaas—making our efforts more visible, our stories more engaging, and our presence more impactful. Through thoughtful content and creative strategy, I hope to strengthen the connection between our work and the community. Grateful to be part of a team that believes in creating change through compassion and consistency.

Here's to more service, more smiles,
and many more milestones
with Prayaas!

I'm grateful to have joined NSS as the Social Media Head. With a passion for creative storytelling and content creation, I look forward to building a strong and engaging digital presence for our team.

Though I'm new to the role, I'm excited to contribute by sharing our impactful initiatives, spreading awareness, and connecting with the student community through meaningful and visually-driven content. It's an exciting start, and I'm looking forward to learning, growing, and making a difference.



Harshita Gupta

SOCIAL MEDIA HEAD

Sapna Gupta

CONTENT HEAD



Being part of this club has truly shaped who I am today, helping me build qualities like leadership, empathy, responsibility, and social awareness. As Content Head, I love capturing and sharing our society's activities, initiatives, exploring new ideas and making every initiative shine brighter. NSS gives me the chance to work on real-world issues and motivates me to promote social responsibility among the youth.

Being a part of Prayaas has instilled in me a deep sense of social responsibility, leadership, and empathy. It is my constant endeavor to uphold the values of the society and contribute to its mission of creating a lasting and positive impact on society. As PR Head, my role is to bridge the gap between our initiatives and the world, ensuring that every effort, event, and campaign is communicated effectively and reaches the right audience. From organizing awareness drives and donation campaigns to promoting meaningful collaborations, I aim to highlight the spirit of service that defines Prayaas.



Pari Aggarwal

PUBLIC RELATIONS HEAD

LIST OF ACTIVITIES

National Youth Festival 2025

Sanitary Pad Donation Drive

Say No To Tobacco

Voters' Day

Republic Day Celebration

Flag Hoisting Ceremony

Jacket Donation Drive

World Cancer Day:
Poster Making Competition

Village Visit

Books Donation Drive

Stationery Donation Drive

Project Aasha

Mission Pragriti: Empowering
Women, Empowering Lives.

Rang-e-Bahar 2.0

Seminar on Leadership
Lessons from Bhagwat Geeta

National Integration Camp

Pani Panchayat

Echoes of Her

Jamming Session

Project Kaushalya

Aashayein- Spreading Hopes

Sewa at Kalkaji Mandir

Sundays on Cycle

World Earth Day:
Poster Making Competition

NSS Day Out to Vrindavan

Arogya Camp

11th International Yoga Day
Celebration

International Day Against Drug
Abuse & Illicit Trafficking

LIST OF APPRECIATIONS

CERTIFICATES FOR NATIONAL
INTEGRATION CAMP

CERTIFICATE & MOMENTO
FROM DELHI POLICE

CERTIFICATE FOR NATIONAL
YOUTH FESTIVAL 2025

APPRECIATION FROM
CHESHIRE HOME INDIA- DELHI

CERTIFICATE FROM GOONJ

CERTIFICATE FROM MINISTRY
OF EDUCATION

CERTIFICATE FROM LALMANI
FOUNDATION

APPRECIATION FOR VILLAGE
VISIT

CERTIFICATE FROM RIA
FOUNDATION

CERTIFICATE FROM UNITED
NATION WELFARE
FOUNDATION

NATIONAL YOUTH FESTIVAL 2025

Viksit Bharat Young Leaders Dialogue

Prayaas, the NSS club of JIMS Kalkaji, proudly participated in the National Youth Festival 2025, held at Bharat Mandapam, New Delhi, commemorating Swami Vivekananda's 162nd birth anniversary. Celebrated as the "Viksit Bharat Young Leaders Dialogue", the event brought together youth from across the country to engage in innovation, dialogue, and cultural exchange. As trained volunteers, the NSS team played a crucial role in managing the event's logistics and activities. From debate competitions on national development to vibrant cultural showcases under "Colours of Viksit Bharat", the festival highlighted India's diversity and forward-thinking spirit. The event was graced by dignitaries including Union Minister Dr. Mansukh Mandaviya, and culminated in an inspiring session with Prime Minister Narendra Modi, who applauded young changemakers and awarded innovation champions.



Sanitary Pad Donation Drive

13TH JANUARY 2025

HAUZ KHAS VILLAGE

On the occasion of National Youth Day, Prayaas, the NSS club of JIMS Kalkaji, took a strong step toward menstrual equity by organizing a sanitary pad donation and awareness drive at Hauz Khas Village. The initiative addressed the urgent need for affordable menstrual hygiene products in under-served communities.

Volunteers distributed 5,000 sanitary pads to over 250 women, offering each a two-month supply.



The event also featured an interactive session focused on menstrual hygiene, educating women about safe usage and disposal, busting myths, and encouraging open conversations around menstruation. The drive not only provided essential resources but also sparked a shift in mindset—empowering women with both knowledge and dignity.

SAY NO TO TOBACCO

22ND JANUARY 2025

AT GGSIPU

Specialized Training on Tobacco Control & Cessation

Mr. Kartik Dayal, Program Officer of Prayaas – the NSS Club of JIMS Kalkaji, recently participated in a specialized training on tobacco control and cessation hosted at GGSIPU's Dwarka campus. The event, organized by the NSS Cell of GGSIPU in collaboration with the National Resource Centre for Oral Health and Tobacco Cessation and Maulana Azad Institute of Dental Sciences, aimed to empower nodal officers from higher education institutions.



The session focused on equipping participants with strategies to combat tobacco use among students, faculty, and staff by promoting awareness, ensuring policy compliance, and building campus-wide support systems for cessation.

Participants left the training prepared to implement effective tobacco control initiatives, identify at-risk individuals, and foster a healthier, tobacco-free campus environment through education and intervention.



VOTERS' DAY

JIMS KALKAJI

21ST - 23RD JANUARY 2025



In a spirited effort to promote civic engagement, Prayaas, the NSS club of JIMS Kalkaji, actively participated in the Delhi Election Quiz 2025, an initiative by the government to raise awareness around social responsibility. Following the quiz, students took a pledge on campus to uphold civic values and promote active citizenship.

Taking the message further, the NSS team launched a poster drive, displaying thought-provoking visuals and messages across the campus to spark dialogue on pressing social issues. This grassroots campaign encouraged fellow students to engage more deeply with their roles in society.



REPUBLIC DAY CELEBRATION

At Government Secondary School for the Deaf, Kalkaji



On the occasion of Republic Day, Prayaas, the NSS club of JIMS Kalkaji, organized a meaningful celebration at a Government Secondary School for the Deaf under the Vidyanjali Scheme of the Ministry of Education. The event aimed to instill a sense of national pride and inclusivity among the students.

The program began with a brief talk on the significance of Republic Day, followed by a poster-making competition where students beautifully expressed their ideas on patriotism through art. Volunteers engaged closely with the children, creating an atmosphere of warmth, connection, and mutual respect.

The celebration concluded with the distribution of prizes and gifts, leaving smiles all around and reinforcing the day's message of unity and pride.



24.01.25

JIMS KALKAJI

FLAG HOISTING CEREMONY

25TH JANUARY 2025



To mark the spirit of Republic Day, Prayaas, the NSS Club of JIMS Kalkaji, organized a solemn Flag Hoisting Ceremony on campus. Attended by faculty, staff, and students, the event was a heartfelt tribute to the nation's democratic values and the sacrifices of its leaders.



The ceremony began with the hoisting of the national flag, followed by the singing of the national anthem, stirring feelings of pride and unity among all present. Reflections on the values enshrined in the Indian Constitution helped participants reconnect with their responsibilities as citizens.

JACKET DONATION DRIVE

At R. K. Ashram Marg

In a heartfelt effort to support vulnerable communities during harsh winters, Prayaas, the NSS club of JIMS Kalkaji, teamed up with the United Nation Welfare Foundation (UNWF) to organize a Jacket Donation Drive at Ramakrishna Ashram slum area. Over 60 families, including children and elderly residents, received warm jackets in various sizes, offering much-needed protection against the cold. Volunteers went beyond donations, engaging with the community to better understand their challenges and reinforce bonds of empathy and support.



26 / 01 / 2025

WORLD CANCER DAY

POSTER MAKING COMPETITION

4TH FEBRUARY, 2025



On World Cancer Day, Prayaas, the NSS club of JIMS Kalkaji, organized a virtual poster-making competition to raise awareness about cancer's impact and the importance of prevention and support. Open to all college students, the event encouraged creative expression through powerful visuals and thoughtful messages. The competition garnered a strong response, with participants submitting compelling artwork that highlighted themes like emotional support for patients, early detection, and healthy living. The event reinforced how art can be a powerful tool for advocacy, enabling participants to deepen their understanding of cancer while spreading awareness and inspiring community action.





6TH FEBRUARY 2025

VILLAGE VISIT

At Galand, Hapur District, Uttar Pradesh

Prayaas, the NSS club of JIMS Kalkaji, conducted an insightful visit to Galand Village in Hapur District, Uttar Pradesh, to connect with locals and understand pressing community needs. With around 40,000 residents, the village faces challenges in infrastructure, education, and sanitation. Volunteers noted the urgent need for better maintenance of schools and ponds, expansion of the 24x7 library, and improvements in sanitation and waste management. Villagers also voiced demands for a degree college, coaching centers, and sports facilities to boost education and skill development.





BOOKS DONATION DRIVE

At Goonj

14TH FEBRUARY 2025

Prayaas, the NSS club of JIMS Kalkaji, partnered with the Goonj Foundation at their Sarita Vihar centre to organize a meaningful Books Donation Drive. During the visit, volunteers explored Goonj's impactful initiatives and donated a total of 251 books, ranging from textbooks to general reading materials.

These books will reach underserved communities through Goonj's outreach programs, supporting education in rural and marginalized areas. The drive concluded on a celebratory note, highlighting the students' enthusiasm and commitment to social welfare.



STATIONERY DONATION DRIVE

27TH FEBRUARY 2025

AT YAMUNA KHADAR, MAYUR VIHAR

In a heartfelt initiative to support education, Prayaas, the NSS club of JIMS Kalkaji, collaborated with the Rotaract Club to organize a Stationery Donation Drive at Yamuna Khadar, Mayur Vihar Phase 1. Over 50 school bags filled with stationery essentials—including notebooks, colors, and pencil boxes—were distributed to children from underserved communities. The event was graced by guests from the Lalmani Foundation and United Nation Welfare Foundation, whose encouragement energized the volunteers and beneficiaries alike. Children delighted attendees with poetry, songs, and dance, adding vibrancy and joy to the day. The experience was made even more special with refreshments, creating lasting memories for everyone involved.



PROJECT AASHA

At Apna Ghar Ashram, Noida

28TH FEBRUARY 2025

To mark World NGO Day, Prayaas, the NSS club of JIMS Kalkaji, organized a heartfelt visit to Aapna Ghar Ashram in Noida's Sector 34. Volunteers conducted an awareness session focused on oral hygiene, balanced nutrition, and sanitation, aimed at empowering residents with essential health knowledge.

Beyond education, the day was filled with meaningful conversations and emotional bonding, as volunteers listened to residents' stories and fostered a warm, supportive atmosphere. The visit not only brought smiles but also highlighted the power of compassion and personal connection.

8TH MARCH 2025

GEETA COLONY



Mission Pragriti

EMPOWERING WOMEN, EMPOWERING LIVES.

On International Women's Day, Prayaas, the NSS club of JIMS Kalkaji, in collaboration with the United Nation Welfare Foundation, organized an impactful awareness session on menstrual hygiene and women's empowerment at Geeta Colony. Volunteers engaged attendees in an interactive discussion on health and hygiene, while distinguished guests—Smt. Lata Gupta Ji, Dr. Anil Goyal Ji, and Smt. Neema Bhagat Ji—highlighted the importance of menstrual health and women's welfare.

Sanitary pads were distributed to support menstrual health, and a drawing competition encouraged children to creatively express their views on women's empowerment. Certificates were awarded to outstanding participants, fostering encouragement and participation.



Rang-e-Bahar 2.0: Holi Ke Rang, Bachpan Ke Sang

12TH MARCH 2025

📍 YAMUNA KHADAR

To celebrate the vibrant festival of Holi, Prayaas, the NSS club of JIMS Kalkaji, in collaboration with the Lalmani Foundation, organized Rang-e-Bahar 2.0: Holi ke Rang, Bachpan ke Sang at Yamuna Khadar, Mayur Vihar Phase 1. The event aimed to bring joy, love, and positivity to over 70 underprivileged children, allowing them to experience the true spirit of Holi.

Volunteers played an active role by engaging with the children, distributing gulal, sweets, snacks, and water guns, and creating a cheerful, inclusive environment. The celebration not only spread festive cheer but also reinforced key values such as community spirit, social responsibility, and inclusivity. Volunteers ensured a safe and organized atmosphere, making the event enjoyable for everyone involved.





Seminar on Leadership Lessons from Bhagwat Geeta

18TH MARCH 2025



The NSS club Prayaas of JIMS Kalkaji organized a seminar titled “Leadership Lessons from the Bhagwat Geeta: Timeless Insights for Today’s Leaders.” The session aimed to offer valuable leadership insights drawn from the Bhagwat Geeta, showcasing its continued relevance in today’s world. Key virtues discussed included selfless service, emotional intelligence, resilience, and ethical decision-making—qualities essential for effective leadership in all spheres. The seminar was graced by HG Mohan Rupa Prabhu Ji, President of ISKCON East of Kailash, who shared profound teachings from the Geeta with practical examples. The event concluded with a “soulful kirtan” by ISKCON devotees, leaving students inspired and immersed in an atmosphere of devotion and positivity.

NATIONAL INTEGRATION CAMP 2025

AT

Hisar

Viksit Bharat @2047



21ST - 27TH MARCH 2025

Prayaas - The NSS Club of JIMS Kalkaji - participated in the National Integration Camp 2025 held at Chaudhary Charan Singh Haryana Agricultural University, Hisar. Organized by the NSS Regional Directorate Delhi and the Ministry of Youth Affairs & Sports, the camp aimed to foster unity, discipline, and national integration among volunteers from across India. The camp featured various activities such as cultural exchanges, leadership sessions, community service, and physical training, encouraging personal growth and social harmony. Volunteers engaged in initiatives like cleanliness drives, health awareness campaigns, tree plantations, and interactive sessions with social activists. A highlight was JIMS student Devashish winning third place in the solo singing competition, showcasing the team's talent. The camp concluded with a valedictory session, where participants reflected on their experiences and received appreciation certificates for their contributions.

22ND MARCH 2025

PANI PANCHAYAT

At Hindu College



Prayaas – The NSS Club of JIMS Kalkaji – participated in the Pani Panchayat organized by Tarun Bharat Sangh on World Water Day at Sanganeria Sabhagar, Hindu College, DU. The event emphasized the importance of water conservation and sustainability, featuring expert talks, cultural performances, and comparisons between traditional and modern water management practices. The session was graced by dignitaries including Ashwini Kumar Choubey and Dr. Murli Manohar Joshi, who highlighted community-driven approaches to water conservation.

A major highlight was the launch of the Pani Panchayat book and cultural performances by Chambal villagers, showcasing grassroots efforts in preserving water resources. Tarun Bharat Sangh's 50 years of experience in water conservation and climate adaptation served as an inspiration. The event concluded with interactive sessions and refreshments, leaving participants with a deeper understanding of responsible water usage and environmental awareness.

ECHOES OF HER

Seminar on Gender Sensitization, PCOD/PCOS & Mental Health

26TH MARCH 2025

JIMS KALKAJI

Prayaas – The NSS Club of JIMS Kalkaji – organized a seminar titled “Echoes of Her” to promote awareness on gender sensitization, PCOD/PCOS, and mental health. The session aimed to break society stereotypes, foster inclusivity, and educate students on important teenage health issues. Dr. Divya Wadhawan Narang, an expert in Obstetrics and Gynecology, emphasized the significance of early diagnosis and lifestyle changes in managing PCOD/PCOS.



The seminar also focused on mental health, covering topics such as anxiety, stress, and self-care, encouraging students to seek support and prioritize emotional well-being. A safe and open environment allowed participants to express themselves, ask questions, and engage in meaningful dialogue.

JAMMING SESSION

At Rajvanam Old Age Home,
Saket



Prayaas, the NSS Club of JIMS Kalkaji, in collaboration with Qaafila-the Music Society and Selfless Seva NGO, organized a heartwarming jamming session at Rajvanam Old Age Home, Saket. The event aimed to bring joy and companionship to the elderly through music, dance, and meaningful interaction, while promoting community service among students. Enthusiastic student volunteers engaged with the residents through singing, dancing, and friendly conversations, creating a cheerful and lively atmosphere.

The elderly residents actively participated, clapping, singing along, and sharing emotional moments with the team. Refreshments were also distributed as a gesture of warmth and care. It was a touching experience for everyone involved, leaving behind cherished memories and a strong message of compassion and connection.

28TH MARCH 2025

Project Kaushalya



Education & Donation Drive

Prayaas, the NSS Club of JIMS Kalkaji, in collaboration with CII YI YUVA JIMS Kalkaji, organized Project Kaushalya: Empowering with Actions at NAB India Centre for Blind Women and Disability Studies, Hauz Khas. The primary objective was to spread awareness among persons with disabilities about their constitutional and social rights, while also providing nutritional and educational support. Over 40 differently-abled students participated in a sensitization session that focused on legal, social, and institutional support systems, helping them better understand their rights and encouraging self-expression.

The volunteers distributed fruits, juices, and stationery kits to promote both health and academic growth. The initiative created an inclusive and compassionate environment that emphasized dignity, empowerment, and support.



5TH APRIL 2025

AASHAYEIN

Spreading Hopes

AT CHESHIRE HOME INDIA- DELHI UNIT



Prayaas, the NSS Club of JIMS Kalkaji, organized “Aashayein – Spreading Hopes” on 5th April 2025 at Cheshire Home India – Delhi Unit, with the aim of bringing comfort and care to differently-abled and elderly residents. The initiative focused on enhancing their living conditions through thoughtful donations, including 4 wheelchairs, 4 exhaust fans, essential medicines, 250 adult diapers, and 12 dozen bananas. These contributions were made to support their daily needs and promote well-being.

The event was graced by the presence of the Chairman, Director, and Programme Officer Dr. Preeti Singh, whose involvement added warmth to the initiative. Volunteers engaged in heartfelt interactions with the residents during a guided tour of the facility, fostering a sense of compassion and community. The experience was deeply emotional and impactful for all participants, highlighting the importance of empathy, service, and meaningful connections with those in need.



1ST - 7TH APRIL 2025

SEWA AT KALKAJI MANDIR

A VOLUNTEERING INITIATIVE



Prayaas, the NSS Club of JIMS Kalkaji, conducted a meaningful community service initiative at the sacred Kalkaji Mandir to promote cleanliness, crowd discipline, and compassionate assistance. The primary aim was to instill social responsibility, empathy, and respect among students while enhancing the experience of devotees through organized and caring volunteer support. Volunteers assisted elderly visitors, managed crowds, and maintained hygiene in the temple premises.

This initiative went beyond routine service by fostering humility and reinforcing the spirit of seva (selfless service) among students. Through small yet impactful acts of kindness, the participants developed a deeper understanding of active citizenship and the value of giving back to society.

SUNDAYS ON CYCLE

Prayaas, the NSS Club of JIMS Kalkaji, participated in the outreach event “Sundays on Cycles” on 20th April 2025 at Major Dhyan Chand National Stadium. Organized in collaboration with My Bharat, the event aimed to raise awareness about fitness, health, and combating obesity among youth and adults. Volunteers were educated on the benefits of staying active and maintaining a healthy lifestyle, regardless of age.

The day began with registration and distribution of merchandise, followed by a cycling rally at Kartavya Path to promote the “Fit India” movement. After returning, volunteers participated in fun fitness activities such as dancing, push-ups, and group exercises.



20TH APRIL 2025



WORLD EARTH DAY

POSTER MAKING

COMPETITION

22ND APRIL 2025

Prayaas, the NSS Club of JIMS Kalkaji, organized an Online Poster Making Competition on the occasion of World Earth Day to promote environmental awareness and social responsibility among students. The event encouraged participants to creatively express their views on pressing issues such as climate change, conservation, and sustainability. Through vibrant and thought-provoking posters, students conveyed powerful messages about the importance of protecting our planet.

The competition served as more than just a platform for artistic expression—it inspired a deeper understanding of environmental challenges and the role individuals can play in addressing them. The event left students motivated to become responsible global citizens, committed to promoting a greener, cleaner Earth.



Wrindavan

NSS DAY OUT

25.04.25

Prayaas, the NSS Club of JIMS Kalkaji, organized a spiritually enriching day trip to Vrindavan in celebration of World Heritage Day, aimed at deepening students' connection with India's rich cultural and spiritual heritage. The journey began with devotional bhajans on the bus, setting a harmonious tone for the day. Students visited key spiritual landmarks including ISKCON Temple, Radha Raman Mandir, Banke Bihari Mandir, Nidhivan, and Yamuna Ghat, where they participated in devotional activities and absorbed the serene, spiritual atmosphere.

A highlight of the trip was an enlightening session by the President of ISKCON East of Kailash on the topic "Is Mythology Real or a Myth?", which inspired deep introspection and sparked meaningful discussions. The day concluded with traditional meals, street shopping, and shared moments of joy and reflection. This immersive experience fostered unity, spiritual growth, and a profound appreciation for India's timeless cultural values.



AROGYA CAMP

At Gemini Public School, Noida

In honor of the International Day of Families, Prayaas, the NSS Club of JIMS Kalkaji, organized Arogya Camp – a free medical and dental health initiative at Gemini Public School, Noida. Held in collaboration with CII Yi Yuva, Serve Welfare NGO, Lalmani Foundation, Riya Foundation, and supported by ITS Dental College, the camp addressed the pressing healthcare needs of underserved communities.

Over 150 individuals received thorough check-ups, free medicines, and personalized health advice from a dedicated medical team. To encourage wellness, fresh fruits were distributed post-consultation.

Prayaas volunteers played a vital role, efficiently managing logistics, assisting doctors, and ensuring a seamless experience for all attendees.

26.05.25



11TH INTERNATIONAL YOGA DAY CELEBRATION



Prayaas, the NSS Club of JIMS Kalkaji, actively participated in the 11th International Day of Yoga at GGSIPU, Dwarka. The event began with a serene guided yoga session led by certified instructors, introducing volunteers to foundational asanas, pranayama, and meditation techniques.

A brief yet insightful presentation followed, highlighting the origins and global importance of Yoga Day, recognized by the UN in 2014 and celebrated every year on 21st June.

Volunteers also showcased a series of yoga postures, emphasizing body awareness, flexibility, and mental focus.

The day ended on a joyful note with the distribution of custom Yoga Day t-shirts and refreshments, celebrating the spirit of wellness and unity.

Delhi, Delhi, India

H2w9+gr6, Golf Course Rd, Pocket 4, Sector
Dwarka, Delhi, India 110078, India
Lat 28.596416° Long 77.019287°

26TH JUNE 2025

YAMUNA SPORTS COMPLEX, EAST DELHI
& DR. B. R. AMBEDKAR INTERNATIONAL CENTER, JANPATH

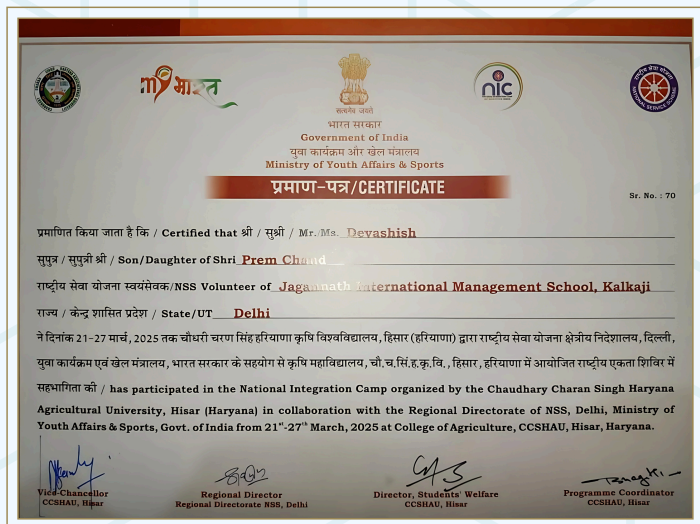
INTERNATIONAL DAY AGAINST DRUG ABUSE AND ILLICIT TRAFFICKING



In observance of the International Day Against Drug Abuse and Illicit Trafficking, Prayaas, the NSS Club of JIMS Kalkaji, participated in two powerful awareness events that brought together art, culture, and community to fight a pressing social issue.

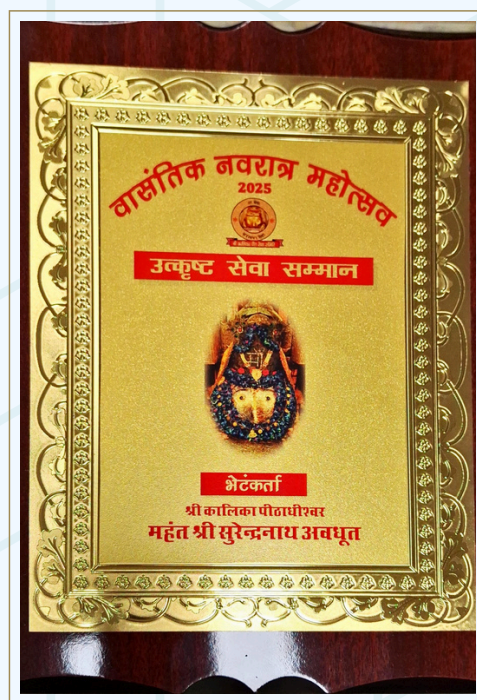
The first event, held at Dr. B. R. Ambedkar International Center, Janpath, featured compelling performances including a Nukkad Natak and a voice-over act that spotlighted the harsh realities of drug abuse. Esteemed dignitaries including Ms. Latha Ganapathy, Mr. B. L. Verma, and Ms. C. K. Deshmukh addressed the audience, while Mr. Verma led a heartfelt NSS pledge for a drug-free society. The session concluded with a felicitation ceremony, the National Anthem, and refreshments, encouraging youth engagement and reflection.

Simultaneously, Prayaas also took part in a vibrant cultural event organized by the Department of Social Welfare, GNCTD, at the Yamuna Sports Complex, East Delhi. Inaugurated by Mr. Manoj Tiwari and Chief Minister Ms. Rekha Gupta, the program was a celebration of awareness through dance, drama, and classical music. A unique feature of the event was the live sign language interpretation, promoting inclusivity. An insightful session on the psychological and physical impacts of drug use provided participants with valuable knowledge.



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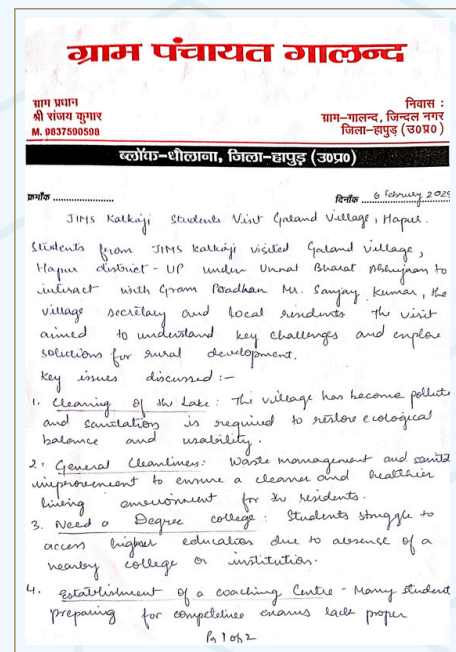


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